

Care of Medical and Surgical Patients In the Clinical Setting

Pain Management and Nutritional Considerations

Contact Hours: 6.75 CE

Introduction _____

Two sessions make up this full day of instruction. Various types of pain and pain management are covered in depth with discussions about the physiology of pain, types of pain seen in specific clinical situations, and assessment parameters to implement. Appropriate pharmacologic and nonpharmacologic management are discussed in relation to types of pain.

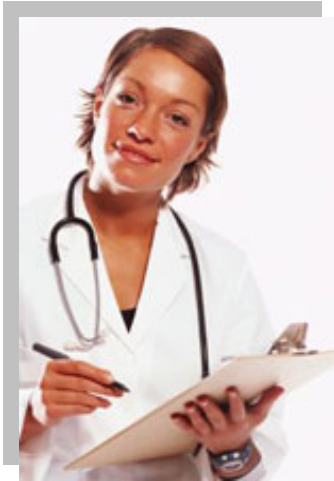


The second session deals with nutritional considerations. Nutritional assessment and monitoring is vital in the promotion of healing and recovery of patients in the clinical setting. The methods of enteral feedings and total parenteral nutrition are covered along with possible complications and nursing interventions to be implemented.

Objectives _____

1. Describe the physiologic principles in pain and pain management.
2. Verbalize the components of pain and assessment parameters to utilize.
3. Identify the various models of pain management and the pharmacologic and nonpharmacologic methods used.
4. Identify the reasons for inadequate treatment of pain and nursing implications.
5. Describe the components of chronic pain recognition, management, and treatment.
6. Verbalize an understanding of the nutritional problems in the acutely ill.
7. Differentiate between the modes of enteral nutrition and the potential complications associated with enteral feedings.
8. Identify the types of patients who would benefit from total parenteral nutrition and the potential complications of TPN.
9. Describe the monitoring parameters to assess with nutritional interventions.

Recent seminar participants had this to say about “Pain Management and Nutritional Considerations”.



“Pain is a huge problem in healthcare. We need to understand our patients and how to treat them. This session has improved my knowledge of pharmacology and how to treat patients.”

“Very interesting session. Instructor was very well educated and kept my interest throughout the day.”

“Great use of examples and multiple case studies with lab values and pharmacology. Questions and discussions were encouraged and really contributed to the learning.”



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