

# Care of Medical and Surgical Patients In the Clinical Setting

## *Professional Development and The Endocrine System*

Contact Hours: 6.75 CE



## *Introduction*

This full day of instruction is comprised of two sessions. The first session deals with professional development for nurses. The second one enables the nurse to better care for patients with disorders of the endocrine system.

Professional development includes discussions involving critical thinking, professionalism, teamwork, collaboration, and prioritization. Content includes the importance of these concepts in widening the scope of exploration into patient problems, possible interventions to impact patient outcomes, and functioning as an accountable educated professional in today's demanding field of nursing.

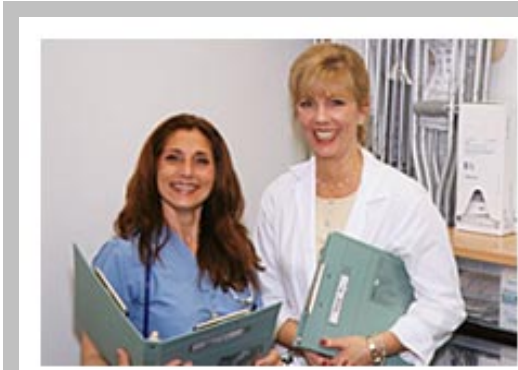
Assessment in endocrine system disorders is covered using a physiologic basis to determine normal function. Thyroid disorders and diabetes are explored in depth including pharmacologic interventions and lifestyle modifications. Laboratory analysis, outcome monitoring, and case studies are used to enhance learning.

## *Objectives*

1. Identify components of critical thinking, use in nursing practice, and self-characteristics.
2. Describe professionalism as it relates to nursing and how nurses can improve the image of nursing.
3. Identify components of teamwork, collaboration, and prioritization.
4. Verbalize an understanding of the physiology of the endocrine system.
5. Describe the various thyroid dysfunctions and appropriate assessment and management of each.
6. Verbalize an understanding of glucose metabolism and hormonal influence.
7. Differentiate between type 1 and type 2 diabetes.

8. Identify pharmacologic measures in diabetes management.
9. Describe the potential crisis states and chronic complications associated with diabetic patients and the appropriate assessment and management.

***Recent seminar participants had this to say about  
“Professional Development and the Endocrine System”:***



*“Excellent review with case studies that promoted critical thinking. All questions answered with ease. Thank you!”*

*“Excellent instructor. Very knowledgeable. Material was presented in an easy and understandable manner. Instructor was great at reviewing cases, sparking discussion and answering questions.*

*“A great refresher for me, which widened my scope of vision.”*

*“Excellent program. I liked all the charts and audiovisuals in the PowerPoint presentation.”*

*“Definitely expanded my knowledge of diabetic crisis and how to handle them.”*



Cynthia Liette,  
MS, APRN, ACNS-BC, CCRN

Educational Concepts, LLC (OH-251/060112) is an approved provider of continuing nursing education by the Ohio Nurse’s Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

P.O. Box 55  
Coldwater, OH 45828  
Phone: 419-305-3043  
Email: [cindy@edconcepts.net](mailto:cindy@edconcepts.net)  
Web site: [www.edconcepts.net](http://www.edconcepts.net)